

# Did you know...



- You may be in the hospital for 4 days, which includes:
  - Day of surgery and
  - 3 days after surgery
- Some patients are discharged on day 2 after surgery.

# *Before your operation*



- It is important to stay as healthy as you can before your operation!
- Call your surgeon if you:
  - Get a cold
  - Have a fever
  - Develop any signs of illness

# *Before your operation*



- Do not start any dental work now.
- If you have any dental work in progress, complete it before your operation date.

# *Before your operation*



- The night before your operation do not eat any solid food after midnight!

# *Before* your operation



- You may have the following *clear liquids* up to 6 hours before your operation:
  - Water
  - Black coffee
  - Tea without milk or cream
  - Gatorade
  - Apple juice
  - Cranberry juice

# Questions?



For further information about preparing for your operation, please contact the

– Orthopedic Nursing Unit 4-1

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