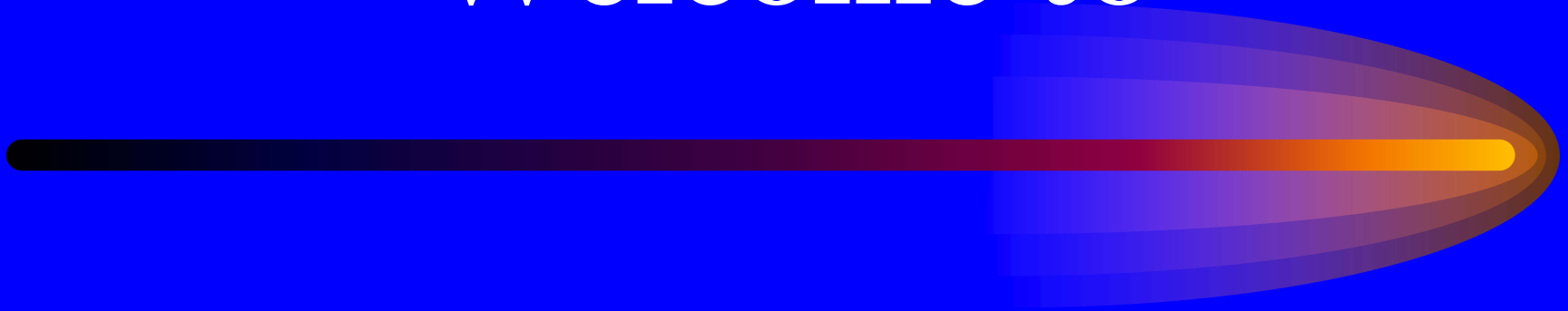


**Welcome to**



**Total Joint Replacement  
Information**

# This Information...



- Is provided for your use in preparation for your joint replacement operation at St. Joseph's Hospital.
- Thank you for choosing St. Joseph's Hospital for your operation!

# This Information Includes

- How to prepare your home
- What to expect *before* your operation
- What happens *during* your hospital stay
- Planning for discharge

# Did you know...



- You may be in the hospital for 4 days, which includes:
  - Day of surgery and
  - 3 days after surgery
- Some patients are discharged on day 2 after surgery.

# Prepare Your Home



**Before** you come to the hospital:

- Remove throw rugs.
- Clear walk ways

# Prepare Your Home

- You will need a firm chair with arm rests to sit in at home.
- The chair seat should be high enough to touch the back of your knee.
- You may need to add a pillow or pad to make the seat higher.



# Prepare Your Home

- Put comfortable clothes at waist level.
- Put a basket on your walker.



# Prepare Your Home



- You will need a commode or raised toilet seat after hip replacement.
- This equipment is optional after knee replacement.

# Commode



# Raised Toilet Seat



# Joint Replacement Kit



- A “Joint Replacement Kit” is available for purchase at the hospital and includes:
  - Reacher
  - Long handled bath sponge
  - Long handled shoe horn
  - Sock aide
  - Elastic shoe laces

# Equipment costs

Item	Approximate cost	Covered by Medicare?	Covered by Medicaid?
Joint Replacement Kit	\$50	No	No
Commode	\$116	Yes	Yes
Raised toilet seat	\$35 w/o arms \$65 w/ arms	No	Yes

# Questions?



For further information about preparing your home before your operation, please contact the

– Orthopedic Nursing Unit 4-1

315-448-5410