**Friday March 11, 2016**

**Registration and Continental Breakfast**
Moderator: Dr. James Tucker

**Dermatologic Pearls for the PC**
Dr. Joyce Farah

**Benign and Malignant Surgical Thyroid Disease: An Update for the Primary Care Physician**
Dr. Kara Kort

**Break**

**ANXIETY**
Dr. L. Shulik

**Cervical Degenerative Issues: Radiculopathy, Myelopathy**
Dr. Aaron Bianco

**Managing Hip & Knee Arthritis—New Techniques**
Dr. Seth Greenley

**12:15 - 1:15 PM LUNCH**

**Pediatric Medicine**
Dr. Fran O'Connor

**Screening for Sudden Death on the PPE:**
Dr. L. Read Sulik

**Psychotropic Medications**
Dr. DeAnn Cummings

**Too Much Exercise—Emerging Controversy Regarding**
Moderator: Dr. James Winkler

**Wound Care**
Drs. Joshua Steinberg/Thomas LaClair

**Electronic Resources**
Preceptor/Faculty Utilization of SUNY Upstate's Electronic Resources
Dr. Azim Afshar

**Preceptor/Faculty Utilization of SUNY Upstate's Electronic Resources**
Drs. Azim Afshar/Thomas LaClair

**ECHG Cases (Attendees: Bring EKGs)**
Dr. Dennis Ehrich

**Wound Care**
Dr. James Winkler

**SAMS Workshop—Part 2**
CHF - Congestive Heart Failure
Dr. Stephen Hoag

**Small Group Sessions**

**Geriatrics**
Dr. Ajaz Shawkat

**Urgent Care**
Dr. Timothy Cobb

**Behavioral Science**
Dr. Melissa Arthur

**Pediatric Medicine**
Dr. Alex Filipski

**SAMS Workshop—Part 2**
CHF - Congestive Heart Failure
Dr. Stephen Hoag

**3:30 - 3:30 Break**

**Orthopedic Spine Surgeon**
Syracuse Orthopedic Specialists (SOS)

**Mitchell V. Brodey, M.D., FACP**
Clinical Professor of Medicine
SUNY Upstate Medical University

**Timothy Cobb, D.O.**
St. Joseph's Hospital Emergency Department
Family Medicine Residency Faculty

**Wound Care**
Dr. James Winkler

**Saturday March 12, 2016**

**Registration and Continental Breakfast**
Moderator: Dr. James Tucker

**Emerging Controversy Regarding Too Much Exercise**
Dr. Pauleen O'Connor

**Type 2 Diabetes Mellitus Treatment—What's Next After Metformin**
Dr. DeAnn Cummings

**Genetic Aspects in Choosing and Managing Psychotropic Medications**
Dr. L. Read Sulik

**Screening for Sudden Death on the PPE: What You Don't Want to Miss!**
Dr. Fran O'Connor

**PROGRAM DIRECTOR**

**Michael Kemen, M.D.**
Attending Physician
St. Joseph's Hospital Health Center

**Associate Professor, Department of Family Medicine**
SUNY Upstate Medical University

**Member, American Academy of Family Medicine**
American College of Sports Medicine

**ASSISTANT PROGRAM DIRECTOR/COORDINATOR**

**James B. Tucker, M.D.**
Director, Family Medicine Residency
Director, Medical Education
Chief of Emergency and Hospitalist Medicine, St. Joseph's Hospital Health Center
Professor, Department of Family Medicine
SUNY Upstate Medical University

**Robert Anderson, M.D.**
Family Physician, Pre-Empion Family Medicine, Penn Yan, NY

**District Medical Director, PYCSD**
Concussion Consultant for Hobart, William Smith and Keuka Colleges

**Board Certified, ABFIM**

**Melissa Arthur, Ph.D., LMFT**
Director of Behavioral Science, Family Medicine Residency
St. Joseph's Hospital Health Center

**Associate Professor, Departments of Family Medicine and Psychiatry**
SUNY Upstate Medical University

**Aaron Bianco, M.D.**
Attending Physician
Orthopedic Spine Surgeon
Syracuse Orthopedic Specialists (SOS)

**Mitchell V. Brodey, M.D., FACP**
Clinical Professor of Medicine
SUNY Upstate Medical University

**Timothy Cobb, D.O.**
St. Joseph's Hospital Emergency Department
Family Medicine Residency Faculty

**DeAnn Cummings, M.D.**
Attending Physician, Family Medicine Residency
St. Joseph's Hospital Health Center

**Assistant Professor, Department of Family Medicine**
SUNY Upstate Medical University

**Paula Dygert, M.D.**
Clinical Assistant Professor, SUNY Upstate Medical University
Alton Family Health Center, Alton, NY

**Dennis Ehrich, M.D., FACC**
Cardiologist
Cardiovascular Specialists of Upstate NY, PC

**Nathan Everding, M.D.**
Syracuse Orthopedic Specialists (SOS)

**St. Joseph's Hospital Center**

**Upper Extremity Specialist**

**Joyce Farah, M.D., FAAD**
Farah Dermatology and Cosmetics

**Assistant Professor, Department of Family Medicine**
SUNY Upstate Medical University

**Attending Physician, St. Joseph's Hospital Health Center**
Alex Filipski, D.O.

**Attending Physician, Family Medicine Residency**
Department of Family Medicine
SUNY Upstate Medical University

**William Graber, M.D., FACS**
Director, Metabolic & Bariatric Surgery
St. Joseph's Hospital Health Center

**Health Center Director, Metabolic & Bariatric Surgery**
Movahhat Valley Health System

**Seth Greenley, M.D.**
Partner at Syracuse Orthopedic Specialists (SOS)
Chairman of Musculoskeletal Service Line, St. Joseph's Hospital Health Center

**Stephen Hoag, M.D.**
Attending Physician, Family Medicine Residency
St. Joseph's Hospital Health Center

**Assistant Professor, Department of Family Medicine**
SUNY Upstate Medical University

**Katherine Holmes, M.D.**
UHS Wilson Family Medicine Residency, Binghamton, NY

**Philip Kaplan, M.D.**
Clinical Professor, Department of Family Medicine
SUNY Upstate Medical University

**Chair, Ad Hoc Committee on Vaccine Policy, NYSAFP**
SUNY Upstate Medical University

**Past President, NYSAFP**
SUNY Upstate Medical University

**Sang W. Kim, M.D.**
Attending Physician, St. Joseph's Hospital Health Center

**Private Practice**
Syracuse Facial Plastic and Cosmetic Surgery

**Member, American Academy of Facial Plastic and Reconstructive Surgery**

**Member, American Academy of Otolaryngology - Head and Neck Surgery**

**Brian Kline, M.D.**
Attending Physician, Family Medicine Residency
St. Joseph's Hospital Health Center

**Department of Family Medicine**
SUNY Upstate Medical University

**Kara C. Kort, M.D.**
Department of Surgery

**Brecht Center Medical Director**
St. Joseph's Physicians

**Chris LaBounty, M.D.**
Hospitalist, Medicine Teaching Service
Family Medicine Residency Faculty
St. Joseph's Hospital Health Center

**Thomas LaClair, M.D.**
Associate Professor, Department of Family Medicine
SUNY Upstate Medical University

**Clerkship Site Director**

**Jason Matuszek, M.D.**
Director, Sports Concussion Center

**Chief of Sports Medicine, Excelsior Orthopedics**

**Associate Team Physician, Buffalo Bisons**

**Clinical Assistant Professor, University of Buffalo, School of Medicine**

**Jennifer McCaul, M.D.**
Attending Physician, Family Medicine Residency
St. Joseph's Hospital Health Center

**Assistant Professor, Department of Family Medicine**
SUNY Upstate Medical University

**Francis O'Connor, M.D., COL, MC, USA**
Professor and Chair, Military and Emergency Medicine

**Associate Director, Consortium for Health and Military Performance (CHAMP)**

**Unified Services University of the Health Sciences**

**Bradley Raphael, M.D.**
Syracuse Orthopedic Specialists (SOS)

**Team Orthopedist, Syracuse University**

**Attending Physician, St. Joseph's Hospital Health Center**

**Jennifer A. Rapke, Psy.D, LP**
Licensed Clinical Psychologist
New York Spine and Wellness Center

**Carrie Roseamea, Ph.D.**
Director - Rural Medical Education Program
SUNY Upstate Medical University

**Azim Afshar, M.D.**
General internist, Family Medicine Residency Faculty
St. Joseph's Hospital Health Center

**Clinical Instructor, SUNY Upstate Medical University**

**Laura L. Spring, Esq.**
Partner, Cohen, Compagni, Beckman, Appler & Knoll, PLLC

**Joshua Steinberg, M.D.**
Faculty Physician, Psychiatry & Clinical Assst. Professor, UHS Wilson Family Medicine Residency
Upstate Medical Univ. Binghamton Clinical Campus

**Binghamton, NY**

**L. Read Sulik, M.D.**
Chief, Integrated Orthopedic & Sports Medicine, Binghamton/Endwell (SOS)

**Chief, Integrated Orthopedic & Sports Medicine, Binghamton/Endwell (SOS)**

**Eric A. Taltano, M.D.**
Family Medicine/Pain Medicine and Rehabilitation

**New York Spine and Wellness Center**

**James Winkler, M.D., FAAFP, CWSP**
Clinical Associate Professor, Dept. of Family Medicine
SUNY Upstate Medical University

**Member, Association for the Advancement of Wound Care**

**Thomas LaClair, M.D.**
Associate Professor, Department of Family Medicine
SUNY Upstate Medical University

**Clerkship Site Director**

**Jason Matuszek, M.D.**
Director, Sports Concussion Center

**Chief of Sports Medicine, Excelsior Orthopedics**

**Associate Team Physician, Buffalo Bisons**

**Clinical Assistant Professor, University of Buffalo, School of Medicine**
45th FAMILY MEDICINE REFRESHER COURSE
March 10-12, 2016

Presented by:
St. Joseph’s Hospital Health Center
Medical Education Department
301 Prospect Avenue
Syracuse, New York

In affiliation with:
SUNY Upstate Medical University

Course Description
This three day course is designed to present an intensive review for family physicians who are either preparing for the re-certification examination of the American Board of Family Medicine, or desire to keep abreast of some of the changing concepts in practice. Emphasis will be placed on topics important to the family physician. An evidence based approach will be used.

Program Objectives:
• Present a comprehensive review of clinical topics.
• Address newer evidence based approaches to patient care and current medical management.
• Emphasize frequently encountered problems seen in day to day practice.

Workshops
Group workshops are designed to present caveats of patient care on timely medical topics. Faculty presenters have been selected for their clinical experience on these topics.

45th ANNUAL FAMILY MEDICINE REFRESHER COURSE
MARCH 10-12, 2016
New Venue!
Crowne Plaza Syracuse
Conference Center
701 East Genesee Street
Syracuse, NY 13210

*** Free Parking Provided in Visitor’s Garage

GENERAL INFORMATION

CME Credits
SAMS Workshop
Small Group Workshops

Late Registration Fees (after February 19, 2016)
$ 350.00 Residents, nurses, physicians
$ 575.00 Practicing Physicians
$ 325.00 Residents, nurses, PAs, other health care professionals
$ 300.00 Medical Students and St. Joseph’s Residents (FREE)

Method of Payment:
_______  $ 350.00   Residents, nurses, physician assistants, and other health care professionals
_______  $ 575.00   Practicing physicians
_______  $ 325.00   Residents, nurses, PAs, other health care professionals
_______  $ 300.00   Medical Students and St. Joseph’s Residents (FREE)

Name on Card   ________________________________
Expiration Date  _________________________
CVV2 Code (3 digit# on back of the card) ____________

FEES (check one)
Early Registration Fees (by February 19, 2016)
$ 325.00 Residents, nurses, PAs, other health care professionals
Medical Students and St. Joseph’s Residents (FREE)

Late Registration Fees (after February 19, 2016)
$ 350.00 Residents, nurses, physician assistants, and other health care professionals
$ 575.00 Practicing Physicians
$ 325.00 Residents, nurses, physicians
$ 300.00 Medical Students and St. Joseph’s Residents (FREE)

Method of Payment:
_______  Check     ___ Credit Card
_______  Visa      ___ MasterCard    ____  Discover

Card Number
CVV2 Code (3 digit# on back of the card)
Expiration Date

Please make check payable to:
St. Joseph’s Hospital Health Center

Afternoon Sessions Choice:
(please indicate order of preference)
* SAMS’s Workshops will be limited in availability and will be awarded in order of paid registration received.

Thursday March 10
Session # or SAM’s
1st Choice
11:15 AM - 12:15 PM
Pathophysiology in a Rural Area: Why Pattern Recognition is Not Enough
Dr. Brian Kline

12:15 PM - 1:15 PM
Block Tx/ Integrated Behavioral Healthcare
Dr. Sandra Sulik, VPMA

1:15 PM - 2:15 PM
Chronic Regional Pain Syndrome (CRPS) and Early Recognition for Nerve Injury
Dr. Jennifer McCaul

2:15 PM - 3:15 PM
Suboxone Prescribing
Dr. Carrie Roseamelia, Ph.D.

3:15 PM - 4:15 PM
Women’s Health
Dr. Angela Giordano

Thursday March 10, 2016
7:15 - 7:45 AM
Registration and Continental Breakfast
Moderator: Dr. James Tucker

7:45 - 8:00 AM
Welcome
Ms. Kathryn Ruscollo, CEO
Dr. Sandra Sulik, VPMA

8:00 - 9:00 AM
Chronic Regional Pain Syndrome (CRPS) and Early Recognition for Nerve Injury
Dr. Eric Tallarico/Jennifer Rapke, Psy.D, LP

9:00 - 9:30 AM
Tendinitis/Tendinosis and Impingement
Dr. Bradley Raphael

9:30 - 10:00 AM
Shoulder Arthritis/Shoulder Replacement
Dr. Nathan Everding

10:00 - 10:15 AM
Break

10:15 - 11:15 AM
Lyne Disease
Dr. Mitchell Brodey

11:15 - 12:15 PM
Post-care of the Bariatric Surgery Patient
Dr. William Graber

12:15 - 1:15 PM
LUNCH

1:15 - 2:15 PM
Common Labor Law Issues for Small Medical Practice
Laura Spring, Esq.

2:15 - 3:15 PM
Small Group Sessions
Sports Medicine
Dr. Jason Matuszak
Hospital Medicine
Dr. Chris LaBounty

Surgery
Dr. Brian Kline

Women’s Health
Dr. Jennifer McCaul

3:15 - 4:15 PM
SAMS Update Part 1, CHF
Congestive Heart Failure
Dr. Stephen Hoag

4:30 - 5:30 PM
Afternoon Session #1
Dr. Robert Anderson

5:30 - 6:00 PM
Afternoon Session #2
Suboxone Prescribing
Dr. Paula Dygert / Katherine Holmes

6:00 - 7:00 PM
RMED Luncheon “RMED Update”

7:00 - 8:00 PM
RMED Workshop*
Carrie Roseamelia, Ph.D.

* Workshop is limited to RMED preceptors and students who will also attend a special meeting on Thursday @ 5:30 pm