PROGRAM DIRECTOR / MODERATOR

Michael Kernan, M.D.
Attending Physician
St. Joseph’s Hospital Health Center
Associate Professor, Department of Family Medicine
SUNY Upstate Medical University
Member, American Academy of Family Medicine
Member, American College of Sports Medicine

ASSISTANT PROGRAM DIRECTOR

James S. Tucker, M.D.
Director, Family Medicine Residency
Director, Medical Education
Chief of Emergency and Hospitalist Medicine,
St. Joseph’s Hospital Health Center
Professor, Department of Family Medicine
SUNY Upstate Medical University

SPKERS

Melissa Arthur, PhD, LMFT
Director of Behavioral Science,
Family Medicine Residency
St. Joseph’s Hospital Health Center
Assistant Professor, Departments of Family Medicine
and Psychiatry
SUNY Upstate Medical University

Richard Cantor, M.D.
Professor of Emergency Medicine and Pediatrics
Director, Pediatric Emergency Department
Medical Director, CNY Poison Control Center
SUNY Upstate Medical University

Timothy Cobb, D.O.
St. Joseph’s Hospital Emergency Department
Family Medicine Residency Faculty
DeAnn Cummings, M.D.
Attending Physician, Family Medicine Residency
St. Joseph’s Hospital Health Center
Assistant Professor, Department of Family Medicine
SUNY Upstate Medical University

Jose David, M.D.
Clinical Professor, Albany College of Medicine
President, Medical Society of the State of NY
Albany President, NYS Academy of Family Physicians
Foundation
Medical Director, Belvedere Addiction Center
Medical Director, Daughters of Sarah Nursing Center
Dennis Ehrich, M.D., FACCC
Cardiologist
Catheterization Laboratory Specialist of Upstate NY, PC

Friday March 6, 2015

7:30 - 8:00 AM
Registration and
Continental Breakfast
Moderator: Dr. Michael Kernan

8:00 - 9:00
Safe Prescribing of Opioids
Dr. Joseph David

9:00 - 10:00
Breast Cancer/Breast Disease Update
Dr. Kara Kort

10:00 - 10:15 Break

10:15 - 11:15
Depression
Dr. Read Sulik

11:15 - 12:15
WON: Wellness and Integrative Medicine
Keys to Contentment and Peace
Dr. Kaushal Nanavati

12:15 - 1:15 PM
LUNCH

1:15 - 2:15
The Cardiac Preparticipation Examination:
What You Don’t Want to Miss
Dr. Fran O’Connor

2:15 - 3:15 SAMS Workshop: Part 2, Part A
Hospital Medicine
Dr. Michael Kernan

2:15 - 3:15 Small Group Sessions
Genetics
Dr. Ajaz Shaikh
Osteopathic Medicine
Dr. Alex Filipski
Psychiatry
Dr. L. Read Sulik &
Dr. Melissa Arthur
Integrative Medicine
Dr. Kaushal Nanavati

3:15 - 3:30 Break

3:30 - 5:30 SAMS Workshop: Part 2, Part B
Dr. Michael Kernan

3:30 - 5:30 Afternoon Session #6
SUNY Clerkship Tapes:
Proposed New Evaluation Form
Curriculum Changes 2015-2016/Teaching Tips for Preceptors
Dr. Thomas LaClair/Dr. Lazarus Gehring

3:30 - 5:30 Afternoon Session #7
EKG Cases (Attendees: Bring EKGs)
Dr. Dennis Ehrich

3:30 - 5:30 Afternoon Session #8
Orthopedic Exam: Shoulder & Knee
Dr. L. Ryan Smart

Saturday March 7, 2015

7:30 - 8:00 AM
Registration and
Continental Breakfast
Moderator: Dr. Michael Kernan

8:00 - 9:00
Headache Management
Dr. Timothy Cobb

9:00 - 10:00
Hypertension 8
Dr. DeAnn Cummings

10:00 - 11:00
Anxiety
Dr. L. Read Sulik

11:00 - 12:00
Pediatric Orthopedics: What the Family
Physician Needs to Know
Dr. Fran O’Connor

Joyce Farah, M.D., FAAD
Farah Dermatology and Cosmetics
Attending Physician, Department of Medicine
SUNY Upstate Medical University

Alex Filipski, D.O.
Attending Physician, Family Medicine Residency
St. Joseph’s Hospital Health Center

James S. Tucker, M.D.
Attending Physician, Family Medicine Residency
St. Joseph’s Hospital Health Center

Lazarus Gehring, M.D.
Associate Professor, Department of Family Medicine
Clerkship Director, Binghamton Campus
SUNY Upstate Medical University

Physician Pshow, Emwell Family Physicians

Dr. L. Read Sulik, M.D.
Depression

Thomas LaClair, M.D.
Associate Professor, Department of Family Medicine
Clerkship Site Director
SUNY Upstate Medical University

Andrew Knoll, M.D., J.D.
Cohen, Complanghi, Beclman, Appler & Knoll, PLLC
Syracuse, NY

Kara C. Kort, M.D.
Department of Surgery
Breast Center Medical Director
St. Joseph’s Physicians

Jason Matuszak, M.D.
Director, Sports Concussion Center
CNY STRIDES, Center for Running & Endurance
SUNY Upstate Medical University

Jennifer McCaul, M.D.
Attending Physician, Family Medicine Residency
St. Joseph’s Hospital Health Center
SUNY Upstate Medical University

Kristen McNamara, M.D.
Attending Physician, Family Medicine Residency
Medical Director, Family Medicine Center
St. Joseph’s Hospital Health Center

Kathryn Rusco, M.D.
President and CEO
St. Joseph’s Hospital Health Center

Ayaz Shadi, M.D.
General Internist
Family Medicine Residency Faculty
St. Joseph’s Hospital Health Center
Clinical Instructor, SUNY Upstate Medical University

L. Ryan Smart, M.D.
Sports Medicine and Shoulder Surgery
Syracuse Orthopedic Specialists (SOS)

Joshua Steinberg, M.D.
Faculty Family Physician & Clinical Assistant Professor
UHS Wilson Family Medicine Residency
SUNY Binghamton Clinic Campus
Binghamton, N.Y.

L. Read Sulik, M.D.
Chief Integration Officer
PrairieCare
Maple Grove, MN
Clinical Associate Professor, Department of Psychiatry
University of Minnesota

Sandra M. Sulik, M.D.
Vice President for Medical Affairs,
Attending Physician, Family Medicine Residency
St. Joseph’s Hospital Health Center
Professor, Department of Family Medicine
SUNY Upstate Medical University

Jacob Vella, M.D.
Anesthesia, Pain Medicine
New York Spine and Wellness Center
St. Joseph’s Hospital Health Center
44th FAMILY MEDICINE REFRESHER COURSE
March 5-7, 2015

Name: ____________________________________________
Address: ________________________________________
City: _____________________________________________
State: ____________________________________________
Zip: ______________________________________________
Phone: ____________________________________________
Email: ____________________________________________

Fees (check one)
Early Registration Fees (by February 20, 2015)
$ 475.00 Practicing physicians
$ 325.00 Residents, nurses, PAs, other health care professionals

Late Registration Fees (after February 20, 2015)
$ 575.00 Practicing physicians
$ 350.00 Residents, nurses, physician assistants, and other health care professionals

Method of Payment: ____________________________  Credit Card
___________________________  Visa ________________________ MasterCard _______________ Discover
Card Number _________________________________
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Please make check payable to:
St. Joseph’s Hospital Health Center

Afternoon Sessions Choice: (indicate order of preference)
* SAM’S Workshops will be limited in availability.
Will be awarded in order of paid registration received.

Thursday March 5, 2015 *
1st Choice# session # 2nd Choice 3rd Choice
2:15 PM—3:30 PM  OB/GYN
3:30 PM—4:45 PM  Pediatrics
5:30 PM—6:45 PM  Surgery
6:45 PM—8:00 PM  Hospital Medicine
* Workshop is limited to REMED preceptors and students who will also attend a special meeting on Friday @ 5:30 pm

Friday March 6, 2015 *
1st Choice# session # 2nd Choice 3rd Choice
8:00 AM—10:15 AM  Part 1, Part A
10:15 AM—12:15 PM  Part 1, Part B
12:15 PM—2:15 PM  Part 1, Part C
2:15 PM—4:45 PM  Positive Simulations
4:45 PM—7:45 PM  SAMs Update
7:45 PM—8:00 PM  SAMS Workshop
8:00 PM—10:00 PM  Small Group Sessions

Presented by:
St. Joseph’s Hospital Health Center
Medical Education Department
301 Prospect Avenue
Syracuse, New York

in affiliation with:
SUNY Upstate Medical University

CME Credits
SAMs Workshop
Small Group Workshops

Course Description
This three day course is designed to present an intensive review for family physicians who are either preparing for the re-certification examination of the American Board of Family Medicine, or desire to keep abreast of some of the changing concepts in practice. Emphasis will be placed on topics important to the family physician. An evidence based approach will be used.

Program Objectives
• Present a comprehensive review of clinical topics.
• Address newer evidence based approaches to patient care and current medical management.
• Emphasize frequently encountered problems seen in day to day practice.

Workshops
Group workshops are designed to present caveats of patient care on timely medical topics. Faculty presenters have been selected for their clinical experience on these topics.

SAM’S Workshops
SAMs Workshops - not all questions will be discussed and attendees will still need to go online to get ABFM credit
What is a SAMs Working Group?
Physicians who have entered the ABFM Maintenance of Certification cycle come together to complete the knowledge assessment section for the MC-CP SAM requirement (Part II). After completing the session, AAFP staff report your answers to the ABFM. Your next step is to go to the ABFM Web site, pay the necessary fees, and complete the clinical simulation section. The clinical simulation section presents patient care scenarios corresponding to the topic module. Once you have completed these steps, you have completed Part II of the MC-CP.
Fifteen (15) CME credits are awarded for successfully completing each Part II Module. Once you have completed the clinical simulation, the ABFM reports your credit to the AAFP’s Continuing Medical Education Records Department.

Accreditation
AAFP - This Live activity, 44th Family Medicine Refresher Course, with a beginning date of 03/05/15, has been reviewed and is acceptable for up to 20.0 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

These fees include tuition, online course materials, continental breakfasts, coffee breaks and luncheon on Thursday and Friday. Registrants are encouraged to bring their laptop computers to follow and view course materials.

In the event of a cancellation, a full refund (less a $50.00 administrative charge) will be made if written notice is received prior to February 20, 2015. We appreciate your support of our continuing education programs.

 Lodging and Meeting Place
A block of rooms has been reserved at the Sheraton Syracuse University Hotel. Please contact the Sheraton Syracuse University directly for reservations at 315-475-3000.
Special Rates held only until February 16, 2015.
Website: http://www.sheraton嗜yracuse.com

Thursday March 5, 2015
7:15 - 7:45 AM Registration and Continental Breakfast
Moderator: Dr. Michael Kernan
7:45 - 8:00 AM Welcome
Kathryn Ruscito/Dr. Sandra Sulik
8:00 - 9:00 AM Neuraphypathic Pain
Dr. Jacob Vella
9:00 - 10:00 AM Selected Dermatologic Conditions in Pediatrics
Dr. Joyce Farah
10:00 - 10:15 AM Break
10:15 - 11:15 AM Pre-Op Evaluation
Dr. Joshua Steinberg
11:15 - 12:15 PM Pediatric Emergency Medicine: 25 Years of Advances
Dr. Richard Cantor
12:15 - 1:15 PM LUNCH
12:15 - 1:15 PM Decision Making Capacity in Clinical Practice
Dr. Andrew Knoll
2:15 - 3:15 PM SAMs Update Part 1, Part A
Hospital Medicine
Dr. Michael Kernan
2:15 - 3:15 PM Small Group Sessions
Sports Medicine Cases
Dr. Jason Matuszak
Hospital Medicine
Dr. Bobby Pohar
Surgery
Dr. Kristen McNamara
OB/GYN
Dr. Stephen Hoag
3:15 - 3:30 PM Break
3:30 - 5:30 PM Afternoon Session #1
SAMs Update - Part 1, Part B
Dr. Michael Kernan
3:30 - 5:30 PM Afternoon Session #2
Case Study in Women’s Health
Dr. Jennifer McCaul
3:30 - 5:30 PM Afternoon Session #3
Physical Exam for Concussions
Dr. Jason Matuszak
3:30 - 5:30 PM Afternoon Session #4
REMED Workshop*
Dr. James Greenwald

* Workshop is limited to REMED preceptors and students who will also attend a special meeting on Friday @ 5:30 pm