**Thursday, March 5, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 7:15 - 7:45 | Registration and Breakfast  
Moderator: Dr. Michael Kernan |
| 7:45 - 8:00 | Welcome                                      |
| 8:00 - 9:00 | Endocrine and Breast Update for the  
Primary Care Provider  
Dr. Kara Kort |
| 9:00 - 10:00 | Polyphtarmy and an Approach to  
Deprescribing  
Dr. Andrea Berg |
| 10:00 - 10:15 | Break                                      |
| 10:15 - 11:15 | Contraception: Patient Oriented and Evidence Based  
Dr. Joshua Steinberg |
| 11:15 - 12:15 | Pediatrics Update  
Dr. Richard Cantor |
| 12:15 - 1:15 | LUNCH at Rachel’s Restaurant/  
SUNY RMED Preceptors Breakout Lunch*  
Dr. Matthew Siegenthaler |
| 1:15 - 2:15 | Insomnia  
Dr. Matthew Siegenthaler |
| 2:15 - 3:00 | Resident Poster Presentations |
| 2:15 - 5:30 | KSA Workshop: Depression  
Dr. Michael Kernan |
| 2:15 - 6:45 | MAT Waiver Training  
Dr. Ross Sullivan |
| 3:30 - 3:15 | Break                                      |
| 3:15 - 5:30 | Afternoon Session #1  
Ultrasound in Primary Care  
Drs. John Finkenstadt & Kenneth Iles |
| 3:15 - 5:30 | Afternoon Session #2  
Urgent Care Cases  
Dr. Wayne Chou |
| 3:15 - 5:30 | Afternoon Session #3  
OB for the Non-OB Provider  
Dr. Braden Coleman |

**Friday, March 6, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 7:30 - 8:00 | Registration and Breakfast  
Moderator: Dr. Elizabeth McNany |
| 8:00 - 8:30 | Shoulder Arthritis and Fracture  
Dr. Nathan Everding |
| 8:30 - 9:00 | Primary Care Evaluation of Hip and Knee Pain  
Dr. Kevin Kopko |
| 9:00 - 10:00 | Dermatology  
Dr. Joyce Farah |
| 10:00 - 10:15 | Break                                      |
| 10:15 - 11:15 | Boundaries and the Disruptive Physician  
Dr. Catherine Caldicott |
| 11:15 - 12:15 | Spinal Stenosis Treatment: MILD and ISSI Procedures with Case Studies  
Dr. Brendan McGinn |
| 12:15 - 1:15 | Lunch at Rachel’s Restaurant  
Dr. Beth Anne Piper |
| 1:15 - 2:15 | Insulin Resistance  
Dr. Beth Anne Piper |
| 2:15 - 3:00 | Resident Poster Presentations |
| 2:15 - 5:30 | KSA Workshop: Women’s Health  
Dr. Sandra Sulik |
| 3:30 - 3:35 | Break                                      |
| 3:35 - 5:30 | Afternoon Session #4  
SUNY FM Clerkship Topics  
Dr. Thomas LacLair |
| 3:35 - 5:30 | Afternoon Session #5  
EKG Cases (Attendees: Bring EKGs to discuss)  
Dr. Dennis Ehrich |
| 3:15 - 5:30 | Afternoon Session #6  
Nexplanon  
Dr. Stephen Hoag |
| 3:15 - 5:30 | Afternoon Session #7  
Are We Talking About Sex? Sexual Health and Sexual Dysfunction  
Dr. Melissa Arthur  
Dr. Elizabeth McNany |

**Saturday, March 7, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 7:30 - 8:00 | Registration and Breakfast  
Moderator: Dr. Elizabeth McNany |
| 8:00 - 9:00 | Vaginitis Updates  
Dr. Sandra Sulik |
| 9:00 - 10:00 | Medical Cannabis  
Dr. Eric Tarranco |
| 10:00 - 10:15 | Break                                      |
| 10:15 - 11:15 | Chronic Renal Failure  
Dr. DeAnn Cummings |
| 11:15 - 12:15 | Writing an Exercise Prescription - An Update  
Dr. Fran O’Connor |

* SUNY RMED preceptors and students are invited to attend a special Graduation dinner on Thursday @ 6:00 pm
GENERAL INFORMATION

Course Description
This three-day course is designed to present an intensive review for family physicians who are either preparing for the re-certification examination of the American Board of Family Medicine, or desire to keep abreast of some of the changing concepts in practice. Emphasis will be placed on topics important to the family physician. An evidence based approach will be used.

Program Objectives
- Present a comprehensive review of clinical topics.
- Address newer evidence based approaches to patient care and current medical management
- Emphasize frequently encountered problems seen in day to day practice.

Workshops
Group workshops are designed to present cases of patient care on timely medical topics. Faculty presenters have been selected for their clinical experience on these topics.

*** KSA WORKSHOPS
KSA Workshops - not all questions will be discussed and attendees will still need to go online to get the additional 8 hours of credit.

What is a KSA Working Group?
Physicians who have entered the ABFM Maintenance of Certification cycle come together to complete the knowledge assessment section for the MC-FP KSA requirement (Part II). After completing the session, AAFP staff report your answers to the ABFM. Your next step is to go to the ABFM Web site, pay the necessary fees, and complete the clinical simulation section. The clinical simulation section presents patient care scenarios corresponding to the topic module. Once you have completed these steps, you have completed Part II of the MC-CP. Eight (8) CME credits are awarded for successfully completing each Part II Module. Once you have completed the clinical simulation, the ABFM reports your credit to the AAFP’s Continuing Medical Education Records Department.

Accreditation
This Live activity, 46th Annual Family Medicine Refresher Course, with a beginning date of 03/05/2020, has been reviewed and is acceptable for up to 20.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. These fees include tuition, online course materials, breakfast, coffee/tea breaks and lunch on Thursday and Friday. Registrants are encouraged to bring their laptop computers to follow and view course materials.

In the event of a cancellation, a full refund (less a $50.00 administrative charge) will be made if written notice is received prior to February 14, 2020. We appreciate your support of our continuing education programs.

Lodging and Meeting Place
A limited number of rooms at a discounted rate have been reserved at the Sheraton Syracuse University Hotel. Please mention the St. Joseph’s Health Rate. Please contact the Sheraton directly for reservations at 315-475-3000 Special Rates held only until February 14, 2020.

PROGRAM DIRECTOR/MODERATOR
Michael Kernan, M.D.
Family Medicine Residency Faculty
St. Joseph’s Health
Associate Professor, Department of Family Medicine
SUNY Upstate Medical University
Member, American Academy of Family Medicine
Member, American College of Sports Medicine

ASSISTANT PROGRAM DIRECTOR
Elizabeth McNany, M.D.
Family Medicine Residency Faculty
St. Joseph’s Health
Assistant Professor, Department of Family Medicine
SUNY Upstate Medical University

Melissa Arthur, Ph.D., LMFT
Director of Behavioral Science, Family Medicine Residency
Family Medicine Residency Faculty
St. Joseph’s Health
Associate Professor, Departments of Family Medicine and Psychiatry
SUNY Upstate Medical University

Andrea Berg, M.D.
Geriatrics Medicine Faculty
Clinical Assistant Professor, SUNY Upstate Medical University

Catherine V. Caldicott, M.D., F.A.C.P.
Senior Faculty, Regulatory Liaison and Consultant for Special Projects, PBI Education
Associate Professor, Bioethics and Humanities (ret)
Academic Clinical Professor, Internal Medicine (ret)
SUNY Upstate Medical University

Richard Cantor, M.D.
Professor of Emergency Medicine and Pediatrics
Emeritus Director, Upstate Poison Control Center
SUNY Upstate Medical University

Wayne Chou, M.D.
Attending Physician
St. Joseph’s Physicians Urgent Care
St. Joseph’s Health

Braden Coleman, M.D.
Family Medicine Physician
Obstetrics Fellow
St. Joseph’s Health

DeAnn Cummings, M.D.
Family Medicine Residency Faculty
St. Joseph’s Health
Assistant Professor, Department of Family Medicine
SUNY Upstate Medical University

Dennis Ehrich, M.D., FACC
St. Joseph’s Physicians Cardiology
Inpatient Cardiology Consultant

Nathan Everding, M.D.
Syracuse Orthopedic Specialists (SOS)
Upper Extremity Specialist
St. Joseph’s Health

Joyce Farah, M.D., FAAD
Farah Dermatology and Cosmetics
Assistant Professor, Department of Medicine
SUNY Upstate Medical University
Attending Physician, St. Joseph’s Health

John Finkenstadt, M.D.
Musculoskeletal Medicine, P.C.
SUNY Upstate Medical University

Stephen Hoag, M.D.
Family Medicine Residency Faculty
St. Joseph’s Health
Associate Professor, Department of Family Medicine
SUNY Upstate Medical University

Kenneth Iles, D.C.
Musculoskeletal Medicine, P.C.

Kevin Kopko, M.D.
Syracuse Orthopedic Specialists (SOS)
Joint Replacement, Robotics, Knee Specialist
St. Joseph’s Physicians Surgical Services

Kara Kort, M.D.
Medical Director, Breast Care and Surgery
St. Joseph’s Health

Thomas LaClair, M.D.
Assistant Professor
St. Joseph’s Health

Francis O’Connor, M.D., COL, MC, USA (Ret)
Professor and Chair, Military and Emergency Medicine Associate Director, Consortium for Health and Military Performance (CHAMP)
Uniformed Services University of the Health Services

Beth Anne Piper, M.D.
St. Joseph’s Physicians, Endocrinology

Matthew Siegenthaler, M.D.
TriValley Family Medicine, Vernon, NY
Voluntary Faculty, SUNY Upstate Medical University
Team Physician, Syracuse University
Member, American Academy of Family Physicians

Joshua Steinberg, M.D.
Faculty Family Physician & Clinical Assistant Professor
UHS Wilson Family Medicine Residency
Upstate Medical University, Binghamton Clinical Campus

Sandra Sulik, M.D.
Medical Director, Primary and Urgent Cares
St. Joseph’s Health
Professor, Department of Family Medicine
SUNY Upstate Medical University

Eric A. Tallarico, M.D.
Board Certified in Pain Medicine/Physical Medicine and Rehabilitation
New York Spine and Wellness Center

Ross Sullivan, M.D.
Medical Director
Helio Health

St. Joseph’s Health
An Affiliate of Trinity Health
St. Joseph’s Health
Medical Education Department
301 Prospect Avenue
Syracuse, New York 13203