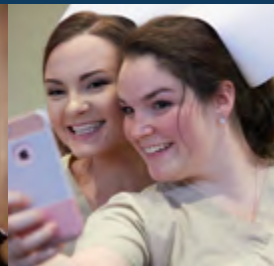


# FY 2018

## ST. JOSEPH'S HEALTH FOUNDATION ANNUAL REPORT



**COMMITMENT  
TO THOSE  
WHO ARE POOR**



**EXCELLENCE**



**STEWARDSHIP**



**REVERENCE**



**JUSTICE**



**INTEGRITY**



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### MISSION

We, St Joseph's Health and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

### VISION

St. Joseph's Health will be a leading regional health system of choice serving and providing value to the communities of Syracuse and Central New York.

### OUR ROOTS

Inspired by our Franciscan Tradition, we are passionate healers dedicated to honoring the sacred in our sisters and brothers.

## A Message from the Board of Directors Chairman



David H. Panasci

### Dear Friends of St. Joseph's Health,

The past year has been nothing short of exceptional at St. Joseph's Health. As we have been preparing for the 150th Anniversary Celebration next spring of the Hospital opening its doors in 1869, a great deal of our efforts have been focused on the 150th Legacy of Caring Campaign. We have already raised over \$16.5 million. We continue to work diligently to reach our overall target of \$20 million, which is the most ambitious fundraising goal in the history of the St. Joseph's Health Foundation.

While the list of Campaign supporters continues to grow, some of the projects have already been completed. In August, the A. John Merola, M.D. Cardiovascular Center opened. This 45,000 square foot facility adds state of the art capabilities to a heart surgery center that is ranked in the top 15 in the nation. The new helipad was completed in October. As is typical for St. Joseph's, each of these additions was operational shortly after a brief ceremony – and ready to serve patients.

Most importantly, these two enhancements reinforce the mission at St. Joseph's of providing the best in health care while making treatment accessible to all. Like every component of the 150th Anniversary Campaign, these improvements increase the ability of St. Joseph's Health to serve an expanded geographic region, often providing timely treatment to individuals who previously had limited or no access to this level of care.

St. Joseph's has come a long way since Mother Marianne Cope and four other Sisters of St. Francis converted a Syracuse dance hall into a hospital. Since then, dedicated staff, volunteers and philanthropists have assured that St. Joseph's Health will continue as a leader by growing and expanding its capabilities. For 150 years, St. Joseph's has indeed demonstrated A Legacy of Caring.

I want to thank all of the donors who continue to make this possible. As I near the end of my term as Chairman of the St. Joseph's Health Foundation Board of Directors, I must say over the last five years I have been inspired and humbled by the loyalty, persistence and commitment of the many people who give so much of themselves to make St. Joseph's Health what it has become today.

On behalf of the St. Joseph's Foundation Board of Directors, thank you all!

*David H. Panasci*  
**David H. Panasci**  
 Chairman

*St. Joseph's Health Foundation, Board of Directors*



# IN OUR COMMUNITY



## Jeffrey and Dr. Susan Bastable

When Jeffrey and Susan Bastable say they value giving back to the community, they mean it. Together, this husband and wife team has left a legacy everywhere they've been, including the Central New York community. While they may be technically retired from full time work – Jeffrey from health care administration and fundraising and Susan from nursing education – you could argue these two are just as busy serving the community in retirement as they were in their careers.

Both Jeffrey and Susan are Syracuse natives with remarkable resumes. Jeffrey has undergraduate and graduate degrees from Syracuse University and a graduate degree from Cornell University. He spent much of his career in health care administration and consulting, but later pursued a career as a fundraising professional prior to his retirement. Susan has a nursing diploma from Hahnemann Hospital School of Nursing, a bachelor's degree in nursing from Syracuse University, and master's and doctorate degrees in curriculum and instruction from Columbia University. She spent several years in clinical nursing until she discovered her true passion of being a nurse educator – a passion she pursued for 30 years. Susan is also an award-winning author of three textbooks on teaching and learning for the health professions and recognized for establishing several academic programs, including the nationally recognized Dual Degree Partnership in Nursing (DDPN) in collaboration with Dean Marianne Markowitz of St. Joseph's College of Nursing.

Their long list of accomplishments and community involvement doesn't end with retirement. In fact, it seems retirement has simply given them more time to spend in the community – a role they both take very seriously, in addition to their role as grandparents.

Jeffrey serves on the board of Honor Flight Syracuse and on a Syracuse University board of advisors and the Varsity Letterman's Club. He also supports current students at Cornell University as an instructor and mentor. In the past, Jeffrey has served in various board roles with United Way, and on the boards of Loretto Foundation and Boy Scouts. Susan is a part of the governing board of St. Joseph's College of Nursing and has previously been a member of many governing boards and advisory committees of nursing schools and health care agencies throughout New York State and the Northeastern region of the United States.

In addition to their consistent, supportive presence among organizations and boards within the community, they have committed to financially supporting St. Joseph's Health as members of the Circle of Caring and as the founders of a newly endowed nursing scholarship for students of St. Joseph's College of Nursing.

"We recognize that St. Joseph's Health is a real diamond – a leading health care provider in Central New York," said Jeffrey.

Susan continued "In addition to supporting health care in the community, we want to do all we can to sustain students' education and to help them grow."

**"Their desire to pay it forward when it comes to health care and education in the community is something to be admired."**

Scholarships were part of what made Susan's education possible – and after 30 years as a nurse educator, it's no surprise she has a heart for not only her students, but all future students. Students who often become a part of St. Joseph's Health upon graduation.

Their desire to pay it forward when it comes to health care and education in the community is something to be admired. At St. Joseph's Health, we're happy and humbled to be a part of it.



# 150 A Legacy of Caring

## St. Joseph's Health 150th Legacy of Caring Colleague Campaign

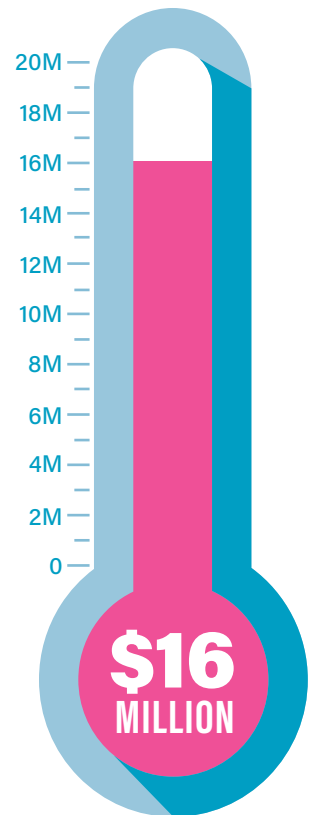
Our mission, as we look forward to the 150th anniversary of the founding of St. Joseph's Health Hospital in May of 2019, would simply not be possible without the generous and thoughtful support of our donors.

To continue to achieve a higher level of care, we need to build and modernize facilities, install the latest medical technology, provide care to uninsured and under-served families, and fund staff education to stay abreast of the newest developments in medical care and treatment.

### Projects included in the 150th Anniversary Campaign include:

- Greatest Need Fund honoring the achievements of St. Joseph's Health CEOs
- Colleague Emergency Assistance Fund
- Breast Care and Surgery
- Cardiovascular Center
- College of Nursing
- Primary Care Centers
- Women and Children's Services
- Grant Funding

GOAL  
**\$20 MILLION**



M = MILLION

For more information about the campaign and ways to give, please contact St. Joseph's Health Foundation at 315.703.2137 or [foundation@sjhsyr.org](mailto:foundation@sjhsyr.org).



Pictured left to right: Gala co-chairs Drs. Michele and Jonathan Chai, Tina Luke, Leslie Paul Luke, President and CEO, St. Joseph's Health, Vincent Kuss, Vice President for Development, St. Joseph's Health Foundation, Dr. Kathleen Chanatry Rogers and Dr. Brendan Rogers, Gala co-chairs.

## Gala Under the Big Top - Friday, June 1, 2018

**Turning Stone Resort Casino - Verona, NY**

St. Joseph's Health Foundation hosted its 27th Annual Gala Dinner Dance on Friday, June 1, 2018 at the Turning Stone Resort in Verona, NY. Over 700 guests attended the "one night only" evening. The vintage circus themed Gala featured roving entertainment provided by CirqOvation including at stilt walker, juggler and tarot card reader. Guests danced to the live music of Atlas and enjoyed the always popular photo booth by PremiereBooth.

The Gala's presenting sponsor was CNY Infusion Services, LLC and co-chairs were Dr. Jonathan Chai, Dr. Michele Chai, Dr. Kathleen Chanatry Rogers and Dr. Brendan Rogers.



An annual springtime fundraising event, the black-tie-optional Gala offers an evening of dinner and dancing to live music while raising important funds for St. Joseph's Health system. Since its inception in 1992, the Gala has netted more than \$5.8 million. Gala Under the Big Top proceeds will help fund St. Joseph's Health Women and Children's Services.

## Annual Emeritus and Retired Physician's Luncheon



Pictured L to R: Duane Cady, MD, Edward Carsky, MD, Harold Small, MD, Ronald Kameny, MD, A. John Merola, MD, John D'Addario, MD, William "Buzz" Roberts, MD, Randy Kalish, MD, Nabila Elbadawi, MD, PhD and Victoria Meguid, MD

St. Joseph's Health and St. Joseph's Health Foundation hosted the annual Emeritus and Retired Physician's Luncheon on Thursday, June 28. Leslie Paul Luke, St. Joseph's Health President and CEO, presented guests with a system update and Vincent Kuss, St. Joseph's Health Foundation Vice President for Development, provided them with an update of St. Joseph's Health Hospital's 150th Anniversary Campaign. The luncheon is an opportunity for the physicians to catch up with each other and to learn about all of the exciting changes at St. Joseph's.

## Walkways of Caring

The Walkways of Caring, paved with commemorative bricks, are located in beautiful courtyard settings throughout the campus of the hospital. You can become a part of the Walkways in perpetuity by having your name or the name of a loved one engraved on a brick. You may choose to commemorate a friend or family member, or honor or memorialize someone who made a difference in your life, such as a colleague, a patient or a caregiver. Your tax deductible gift will help support programs throughout St. Joseph's Health system. Bricks are installed in the spring and fall each year, weather permitting. Engraved benches are available but very limited.

The Walkways of Caring include: St. Francis Garden located at the front of the hospital; Walk of Valor, at the flagpole in front of the hospital, which pays tribute to veterans, reservists and active military personnel; St. Joseph's Circle, around the statue of St. Joseph, and Caritas Park (Latin for "charity" or "love") is located in front of the College of Nursing.

Proceeds from bricks and benches support programs and services throughout St. Joseph's system.



For more information about our Walkways of Caring, contact St. Joseph's Health Foundation at (315) 703-2137 or [Foundation@sjhsyr.org](mailto:Foundation@sjhsyr.org)

## St. Joseph's Honors Supporters at Annual Appreciation Breakfast



2017 St. Joseph the Worker recipients pictured L to R: William "Buzz" Roberts, MD, Kathryn H. Ruscitto and Charles "Chuck" and Mary Ann Zimmerman.

St. Joseph's Day Appreciation Breakfast is a time when we celebrate our namesake, St. Joseph, and our hospital founder, St. Marianne Cope. Their tireless dedication to serve others is a true inspiration. Each and every day St. Joseph's Health Foundation works to further the system's mission of service to our community.

We take this opportunity to honor and thank those who give so freely of their time, talent and treasure in support of St. Joseph's Health, St. Joseph's Health Foundation and the people in our community and the surrounding region. St. Joseph's remains committed to transforming health care. The event is held each year on or about St. Joseph's Day - March 19. Honorees at the 2018 event were William "Buzz" Roberts, MD, Kathryn H. Ruscitto and Charles "Chuck" and Mary Ann Zimmerman.

## St. Joseph's Health Foundation Annual Golf Tournament Nets Over \$187,000

St. Joseph's Health Foundation netted over \$187,000 at its Annual Golf Classic, held September 8, 2017, on three award winning courses at the Turning Stone Resort in Verona, NY. Proceeds from the 2017 tournament helped fund St. Joseph's Health Cardiovascular Center. Since its inception the Classic has netted over \$4.3 million.

The presenting sponsor of the 2017 tournament was Franciscan Companies, an affiliate of St. Joseph's Health.

"We are very grateful to our generous and loyal supporters of this event each year and the many volunteers who come out year after year," said Vincent Kuss, Vice President for Development, "they make the Golf Classic one of the best tournaments in the CNY region."



Pictured L to R: Enjoying their round on Atunyote long time St. Joseph's Health supporters: John and Kathleen O'Connor and Ellen and Patrick O'Connor

**St. Joseph's Health Foundation accepts donations year round. To donate, contact the Foundation at 315-702-2137, or visit [foundation.sjhsyr.org](http://foundation.sjhsyr.org).**



# GRANTS



NEARLY **\$1 MILLION**

**in Grant Funding  
Received in FY2018  
with St. Joseph's Health  
Foundation Support**

## Caring for our Youngest Community Members

**The Central New York Care Collaborative awarded a \$245,000 Clinical Standards Educational Protocol Model & Adoption grant to St. Joseph's Health Hospital.**

Funding will be used to implement a project aimed at educating, integrating, and training area birthing hospitals and outpatient obstetrical care providers in the adoption and implementation of a prenatal care

structure that will contribute to the reduction of premature births. The focus is on incorporating evidence-based assessment tools into each organization's information technology infrastructure in a meaningful way to support provider decision-making during the patient visit. Because babies born prematurely may face serious health problems, it is important to ensure that at-risk pregnant women are receiving the appropriate screenings, assessments and referrals for follow-up care as necessary. Tobacco use, alcohol and substance abuse, stress, and oral care during pregnancy are specific areas of interest because they have been found to be associated with placing women at higher risk for premature labor or birth.

**A \$17,500 grant was received from the Flora Bernice Smith Foundation to purchase HALO® Bassinet Swivel Sleepers for the Mother-Baby Unit at St. Joseph's Health Hospital.**

In-line with Safe Sleep practices, the HALO® Bassinet provides bedside access to baby, supports breast feeding, reduces the risk of infant injuries from accidental drops, and encourages safe infant sleep practices in the hospital that can be continued when mother and baby go home. Funding from this grant will also be used to buy a supply of HALO® SleepSack® wearable blankets that will be given to new mothers when they are discharged. The SleepSack® is used to replace loose blankets in the crib that can accidentally cover an infant's face and interfere with breathing.

**Lockheed Martin Employees' Federated Fund awarded a \$5,000 grant to St. Joseph's Health Foundation in support of equipment needs in the Neonatal Intensive Care Unit. St. Joseph's Health Hospital is one of only 35 Level III Perinatal Centers in New York State, with a Level III NICU.**

# ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH.

Photo courtesy of Campaign for Tobacco-Free Kids

## Helping to Snuff Out Early Habits

For nearly two years, St. Joseph's Health worked alongside other community organizations to support efforts toward the adoption of a law raising the legal age for purchasing tobacco products to 21 years in Onondaga County (T21). A true community collaboration, the T21 work was led by St. Joseph's Health, Transforming Communities Initiative (TCI) Syracuse, the Tobacco Action Coalition of Onondaga County (TACO), American Heart Association/American Stroke Association, American Cancer Society Cancer Action Network, and Campaign for Tobacco-Free Kids. TCI Syracuse received grant funding from Trinity Health which, in part, supported T21 efforts in Onondaga County.

Using a multi-pronged approach, this group of partners banded together to educate government decision makers, media outlets, and the community, as well as mobilize community members and organizations around the importance of preventing the initiation of tobacco use among youth and young adults. Providing education and raising community awareness around the subject of youth and young adult tobacco use were key in helping Onondaga County join New York City and thirteen other counties in New York State in raising the Minimum Legal Sales Age of tobacco products and electronic cigarettes to 21. In December 2017 the Onondaga County Legislature and County Executive passed a T21 law.

Collaborative T21 work for this group is continuing at the state level. Why is this important?

- **Approximately 96% of smokers begin smoking before age 21' with most beginning before age 16.<sup>2</sup> Smokers frequently transition from experimentation to addiction between 18 and 21 years.<sup>3</sup>**
- **11% of high school seniors reported smoking in the last month.<sup>4</sup>**
- **The percent of high school seniors who had used an e-cigarette in the past 30 days increased from 1.5% in 2010 to 13% percent in 2017.<sup>5</sup> The US Food and Drug Administration shared in 2016 that the primary reason for young e-cigarette use is the variety of flavors available, such as strawberry, cinnamon, and chocolate.**
- **Roughly one in four 8th and 10th grade students who used an e-cigarette in the past 30 days had also smoked a conventional cigarette.<sup>6</sup>**

St. Joseph's Health is proud to participate in initiatives such as T21 that are aimed at providing the best health and healing for our communities. Strategies that address tobacco prevention, use and treatment at the system, clinic and patient levels are directly in line with our commitment to improve people's lives by addressing some of the root causes of poor health.

(1) 2012 Surgeon General Report, supra note 1 at 268, Table 3.1.9; see also Campaign for Tobacco Free Kids, INCREASING THE MINIMUM LEGAL SALE AGE FOR TOBACCO PRODUCTS TO 21, 1 (2015).

(2) 2012 Surgeon General Report, supra note 1 at 268, Table 3.1.9; see E. Croghan et al., The importance of social sources of cigarettes to school students, 12 TOBACCO CONTROL 67, 67 (2003).

(3) Campaign for Tobacco Free Kids, INCREASING THE MINIMUM LEGAL SALE AGE FOR TOBACCO PRODUCTS TO 21, 1 (2015).

(4) L. D. Johnston et al, MONITORING THE FUTURE NATIONAL SURVEY RESULTS ON DRUG USE, 1975-2017: Overview, key findings on adolescent drug use. Ann Arbor: Institute for Social Research, The University of Michigan (2018).

(5) L. D. Johnston et al, MONITORING THE FUTURE NATIONAL SURVEY RESULTS ON DRUG USE, 1975-2017: Overview, key findings on adolescent drug use. Ann Arbor: Institute for Social Research, The University of Michigan (2018).

(6) K. E. Warner, FREQUENCY OF E-CIGARETTE USE AND CIGARETTE SMOKING BY AMERICAN STUDENTS IN 2014. American Journal of Preventive Medicine 51(2) (2016).

## Local Libraries Lending Sports Equipment

**The goal is to encourage kids to be more active both during their summer vacations and throughout the rest of the year.**

With the support of a Trinity Health Transforming Communities Initiative (TCI) multi-year grant award, the local TCI Syracuse coalition (including St. Joseph's Health, the Lerner Center for Public Health Promotion, Onondaga County Health Department, CenterState CEO/North-side UP, HealthConnections, Near West-side Initiative, and the Peacemaking Center) is working in the Near West-side and North-side neighborhoods to reduce barriers to healthy living for high-needs populations in Syracuse. One of the primary focus areas is to reduce childhood obesity through a variety of initiatives, including working closely with the Syracuse City School District and implementing their school wellness policy that provides guidelines around how many minutes of physical activity kids should get each day.

Because libraries are a great resource for kids, TCI Syracuse decided to partner with the Onondaga County Public Library system to launch a "lending library" of sports equipment at select city branches. Donations of new and gently used equipment were collected and delivered to participating libraries where it will be barcoded for tracking purposes and added to library collections. Just like books, children will be able to check out basketballs, footballs, soccer balls, Nerf balls, kick balls, hula hoops and the like to use while they are on library grounds or to take home on loan.



Program kick-off: New recreation equipment already being used at White Branch Library  
Photo courtesy of Onondaga County Public Libraries



Kathryn Fathers (MT-BC, MA, LCAT), a Board Certified Music Therapist, enhances patient care through group and individual psychotherapeutic music-making.

**More than one of life's greatest pleasures, music was viewed as a movement of sound that could reach into places inaccessible by other means.**

### **The Richard Mather Fund Supports Music at St. Joseph's**

As far back as 380 B.C., Plato expressed how important education was to an individual's overall development; this includes reading for the mind, gymnastics for the body, and music for the soul. More than one of life's greatest pleasures, music was viewed as a movement of sound that could reach into places inaccessible by other means.

Fast forward to the present, music therapy and therapeutic music are now among other forms of Complementary and Alternative Medicine (CAM) used as a supplement to conventional forms of medicine, providing a more holistic approach to patient-centered care. A Music & Memory® Certified Organization, St. Joseph's Health Hospital has a Healing Arts Program that offers a variety of CAM modalities including: Healing Touch, Aromatherapy, Therapy Pets, bedside Music Therapy and bedside Therapeutic Music, and musical performances in public spaces such as the hospital's main lobby. This program provides complementary treatment methods to patients, families and staff free-of-charge.



In December 2017, The Richard Mather Fund awarded a grant to St. Joseph's Health Foundation to support the SJH Healing Arts Program. This generous gift supported the purchase of digital music players, headsets, speakers, and other related items to be used to build an extensive music library so that each patient receiving services can receive a digital music player filled with music from their own personalized playlist for use while they are in the hospital; experts agree that music therapy is more effective when it is personal.

Funds from this grant award were also used to purchase an assortment of musical instruments to meet patients' various music preferences and expand the breadth of musical sounds available for patient care. Instruments such as drums, chimes, claves, and singing bowls have been important additions to this program. Because not all individuals respond similarly to the same instrument, an assortment is essential to meeting the individual needs of each patient and helps to provide greater opportunity for musical interaction between the musician and the patient. Moreover, to honor the diversity of our patients, many of whom are among the refugees and immigrants who have resettled in the Central New York region from around the world, several instruments were purchased that are of symbolic or cultural importance to a variety of ethnicities.

Music, as well as art in all its forms, holds great capacity to reach the soul and speak to the heart. In health care, engaging patients in the arts—dance and movement, theater, literature and expressive writing, visual, and music—has been found, among other things, to:

- help control pain levels
- shorten the length of stay in hospitals
- reduce anxiety, fear, stress and depression
- contribute to emotional and psychological healing
- decrease heart rate and blood pressure
- improve social, communication and cognitive skills
- relax bodies and place minds at ease for individuals receiving end of life/hospice care
- assist individuals struggling with Alzheimer's, dementia and other cognitive and physical challenges to reconnect with the world through music-triggered memories



## Quality in Action

**Epic contributed \$8,000 toward the Mini-Grant Program at St. Joseph's Health Foundation.**

Providing funds in support of internal projects or material items outside of a unit or department's regular operating budget, the Mini-Grant Program focuses on quality, technology and patient satisfaction.

## Guardians of Community Health and Well-Being

St. Joseph's Health is a member of Trinity Health, making it eligible to apply for a variety of internal funding opportunities, many of which focus on addressing health inequalities, community health needs and caring for those who are materially poor.

**As part of Trinity Health's Preserving Our Legacy Fund, a \$173,000 capital allocation was awarded to be used for equipment and physical renovations to the Dental Clinic at St. Joseph's Health Hospital.**

The Clinic's General Practice Dental Residency is one of only a handful of providers in Onondaga County serving more than 117,000 Medicaid-eligible patients; 52% of the Clinic's patients are Medicaid recipients. Each year, the Dental Clinic provides nearly 10,000 patient visits.

**Syracuse was selected as one of eight communities from across the nation to participate in Trinity Health's Transforming Communities Initiative (TCI). Year 2 funding in the amount of \$450,000 was awarded to St. Joseph's Health Foundation to support TCI Syracuse initiatives.**

TCI Syracuse initiatives focus on policy, systems and environmental changes that reduce rates of smoking, youth obesity and chronic disease, while also helping to improve access to nutrition and physical activity opportunities. TCI Syracuse partners include: St. Joseph's Health,



Onondaga County Health Department, Lerner Center at Syracuse University, Near West-side Initiative, North-side Urban Partnership/CenterState Corporation for Economic Opportunity, HealtheConnections, and the Peacemaking Center's Community Impact Team. TCI's goal is to enhance community wellness and resiliency.

## Enhancing Patient Care Across Service Lines

**Care Logistics awarded \$2,000 to the Care Coordination Network/Care Compass Department at St. Joseph's Health.**

Enhancing care for Medicaid patients, St. Joseph's Care Coordination Network offers a full continuum of on-site services and has established linkages with other experts in providing direct care and care coordination.

**In line with its dedication "to providing support, comfort, and care to breast cancer patients", the Saint Agatha Foundation awarded a \$50,000 grant to St. Joseph's Health Foundation to help provide support, comfort and care to breast cancer patients in the Central New York area.**

The Saint Agatha Foundation partners with St. Joseph's Health, along with multiple other health care organizations in the Central New York area to pay for a wide range of breast cancer treatment and recovery-related costs. The funds are intended primarily to assist the uninsured and the under-insured and should be accessed only when medical insurance coverage does not apply.



**The Richard Mather Fund provided a \$5,000 grant award to help expand the instrument selections and other available services provided through music therapy and therapeutic music, as part of St. Joseph's Healing Arts Program.**

Easing pain, lessening confusion, lowering blood pressure and reducing anxiety are among the many benefits that patients receive through the therapeutic use of music in medicine. These services are greatly appreciated by our patients and their family members, and are offered free of charge. The generosity of the Richard Mather Fund enhances our ability to tailor music preferences and musical sounds on an individual level.

## Supporting our Greatest Needs

**In fiscal year 2018, more than \$20,000 in donor-advised, unrestricted grants were awarded to St. Joseph's Health Foundation.**

Donor-directed giving is an invaluable way to provide flexible support for the most critical needs across the St. Joseph's Health system, including those that are not covered by insurance or government aid programs. These funds are used where they can make the most impact, helping to provide outstanding patient care, purchase the newest medical technology, and ensure that no one with little or no ability to pay is ever turned away.

## St. Joseph's Health Foundation Mini-Grant Program

**St. Joseph's Health Foundation sponsored a system-wide 2018 Mini-Grant Program and awarded \$48,000 in funding.**

The Foundation allocated \$40,000 with \$8,000 in funding provided by Epic. Units and departments were invited to apply for a mini-grant for up to \$5,000 for projects or items that were not included in their capital budget. 2018 themes focused on quality, technology and customer service and targeted patient experience, quality/readmissions and patient progression. The goal of the program is to encourage colleagues to think about innovative initiatives that coincide with our mission and focus areas.

The Mini-Grant selection committee is comprised of 14 system colleagues who review and rate each application. 43 applications were received this year, with funding requests over \$150,000. 15 grants were awarded to staff across the St. Joseph's system.

## Mini-Grant Program Brings Comfort to CPEP Patients

**Katherine Perry - Patient Care Tech, CPEP**

Since 2005, St. Joseph's Health Foundation's Mini-Grant Program has enabled units and departments throughout the system to apply for funding to improve and enhance patient care. The objective of the program is to encourage staff to think innovatively. Since its inception, the program has awarded \$626,000 in funding for projects and equipment across St. Joseph's Health network. In 2018, 15 grants totaling \$48,000 were awarded.

One of the units to receive a grant during this cycle was the Comprehensive Psychiatric Emergency Program, also known as CPEP. The only psychiatric emergency room in Central New York, CPEP provides evaluation and treatment for individuals of all ages who are suffering from an acute mental health crisis.

Katherine Perry, CPEP Patient Care Tech, submitted an application to fund a "comfort room" with the patients' best interests in mind: "CPEP is an emergency room providing a transition between crisis and next steps for the patient, but sometimes their next steps can take longer than the typical 72 hours. When a patient is going to be with us for an extended period it is important that they have activities and an appropriate amount of stimulation so that they are not merely focused on their struggles."

The CPEP team was thrilled to receive the grant funds and get started on setting up the comfort room. CPEP sees a full spectrum of patients in psychological distress ranging



in age from young children to the elderly and it is important that the comfort room provide stimuli for many audiences. Funds were used to purchase a multitude of activities and sensory stimulators to help patients feel comfortable and stimulated including: arts and crafts materials, board games/puzzles; fitness videos, sound/light machines; and speakers so that patients have access to music.

"The more we can do to help put our patients at ease and encourage them to relax, the better experience they will have," said Perry. "Little things mean the world to our patients. Coloring or playing cards with fellow patients might seem small or basic to many of us, but these are big things for people who are struggling. It lets them know they are not alone, others are going through the same things. Altogether the experiences become significant."

The Mini-Grant Program is important because it provides units the opportunity to implement programs without dipping into budgeted funds which may or may not be available. The grant review committee is multidisciplinary and comprised of colleagues from across the system including information services, financial services, purchasing, infection control, varied clinical staff and the College of Nursing.

"Everyone goes through something at some point in their lives and we all deserve comfort and compassion during that time," said Perry. "The Mini-Grant Program is an amazing opportunity that enables us to compassionately serve those in our community who are experiencing crisis."

Since its inception, the  
Mini-Grant Program has awarded

**\$626,000  
IN FUNDING**

for projects and equipment across  
St. Joseph's Health network



# FINANCIALS

## ST. JOSEPH'S HEALTH FOUNDATION STATEMENT OF OPERATIONS

	2018	2017	2016*	2015
<b>FOUNDATION REVENUE</b>				
Funding, Including Program Services & Events	850,093	521,620	255,463	159,186
Increase In Restricted Funds	2,496,702	6,258,783	1,144,755	1,544,647
Investments	733,031	1,302,320	640,052	-242,521
<b>Total Revenue</b>	<b>4,079,826</b>	<b>8,082,723</b>	<b>2,040,270</b>	<b>1,461,312</b>
<b>EXPENSES</b>				
Fundraising, Including Program Services & Events	151,859	750,282	129,759	1,020,654
Operations	1,649,339	1,482,614	1,130,763	1,172,469
Donations to St. Joseph's Hospital Health Center	6,099,320	3,252,736	1,104,357	2,419,132
<b>Total Expenses</b>	<b>7,900,518</b>	<b>5,485,632</b>	<b>2,364,879</b>	<b>4,612,255</b>
Increase (Decrease) In Net Assets	-3,820,790	2,597,091	-224,209	-3,150,943
<b>Total Net Assets</b>	<b>17,227,609</b>	<b>21,048,399</b>	<b>18,451,308</b>	<b>18,675,517</b>

\*Please note that as of July 1, 2016, the SJH Foundation's fiscal year was changed to a cycle starting on July 1st and ending on June 30th moving forward, so 2016 figures only include six months.





# DONORS



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# COLLEGE OF NURSING

## Graduation 2018

St. Joseph's College of Nursing graduated a total of 128 students in 2018. The Associate Degree in Applied Science (A.A.S.) with a major in nursing was conferred on the graduates in both the weekday and evening/weekend option. Commencement ceremonies were held at the Landmark Theatre. Susan Birkhead, DNS, MPH, RN, CNE, Director, Samaritan School of Nursing, was the weekday May graduation speaker. The Evening/Weekend December 2017 graduates completed the accelerated 18 month program. Syracuse Mayor Ben Walsh delivered the commencement address to the class. The NCLEX-RN (National Council Licensure Examination) is a nationwide examination for the licensing of nurses in the United States and Canada. St. Joseph's College of Nursing graduates for December 2017 and May 2018 achieved a 95% Year to Date pass rate, well above state and national means. Over 60% of the December 2017 and May 2018 graduates accepted positions to work at St. Joseph's Health Hospital.

## National League for Nursing (NLN) Center of Excellence in Nursing Education

St. Joseph's College of Nursing earned the NLN's prestigious designation as a Center of Excellence in Nursing Education™ for the years 2016-2019. The Center of Excellence designations were presented at an Awards Convocation at the NLN Educational Summit in Orlando, Florida in September 2016.



St. Joseph's College of Nursing 118th Commencement on May 13, 2018 at the Landmark Theatre.

St. Joseph's College of Nursing is one of only seven schools nationally that has achieved initial Center of Excellence designation in 2016. There are only 57 schools and organizations nationally that have achieved this elite status.

## 50th Anniversary of the Graduation of the Class of 1968

St. Joseph's Hospital School of Nursing Class of 1968 recently celebrated the 50th anniversary of their graduation. A luncheon was held on Saturday, June 2, 2018 in the DeFuria Room at St. Joseph's Health Hospital to celebrate this milestone with members of the Class of 1968. Following the luncheon, tours were provided to attendees of the surgical waiting room, the patient tower, and the recently renovated 6th floor in Marion Hall.

# OVER 60%

of the December 2017 and May 2018 graduates accepted positions to work at St. Joseph's Health Hospital.



The Commitment to Nursing Awards Presentation Brunch held on April 29, 2018 at Justin's Grill. Pictured here: Donna Dominic (retired nurse from St. Joseph's Health), Lauren Porter, SN, and Marianne Markowitz, MS, RN, CNE, Vice President / Dean, St. Joseph's College of Nursing. Lauren Porter, SN, was the recipient of the Rita F. Cole Memorial Award, established by her grandmother, Donna Dominic and her aunt, Marianne Markowitz in memory of Lauren's great grandmother, Rita F. Cole (a former St. Joseph's employee). Lauren Porter and Dean Markowitz (a 2018 Sister Patricia Ann Lifetime Achievement awardee) appeared in the St. Joseph's Health legacy video series.

## Commitment to Nursing

The Commitment to Nursing Ceremonies and Award Branches were held on September 17, 2017 and April 29, 2018. Students were awarded scholarships and merit awards and many of the donors were present to celebrate the student's accomplishments.

At the Commitment to Nursing Ceremonies held at Immaculate Conception Church in Fayetteville, students demonstrated their dedication to the nursing profession by reciting the Florence Nightingale pledge. Students received a pin from the upperclassmen symbolizing the inspiration of St. Francis or Florence Nightingale to practice with compassion and be a healing presence.

Marianne Markowitz, Vice President/Dean in her address to the students

shared her thoughts on what the tradition of a commitment to nursing ceremony represents. In an empowering and motivating address, Vice President/Dean Markowitz highlighted the importance of keeping long held traditions intact and taking time to reflect on their meaning and what they symbolize. She stated, "nurses commit themselves to care for each patient's needs in a holistic way, helping them to attain and maintain optimal health and well-being." The importance of working collaboratively with all health care team members in providing evidence based quality care to all patients was emphasized. In closing, Vice President/Dean Markowitz strongly encouraged the students to be proud of their accomplishments of being a St. Joseph's nurse.

**Awards and scholarships were presented to students at graduation and the commitment to nursing ceremonies totaling over \$54,450.00. These awards and scholarships are funded by alumni and donors of the college.**



Commitment to Nursing ceremony April 29, 2018 at Immaculate Conception Church.

## St. Joseph's College of Nursing Donors

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Every effort has been made to make this report as accurate as possible. If your name has been omitted, misspelled or misplaced, we sincerely apologize. Please let us know if there is an error by contacting us at: St. Joseph's Health Foundation. Phone: 315-703-2137 Email: foundation@sjhsyr.org

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# AUXILIARY HIGHLIGHTS



### **The Auxiliary of St. Joseph's Health is an exceptional group of men and women, who continually give of their time, compassion and dedication to the St. Joseph's Health Hospital system.**

The Auxiliary continues to provide services to the health center, by serving the needs of the institution and assisting administration in any and every way possible. The Auxiliary Membership is made up of over 500 dedicated men and women, and dates back to the establishment of the hospital in 1869, and was begun shortly thereafter by Hannah Pease. The Auxiliary Board is made up of over 30 women who volunteer their time supporting the health center and their needs.

Proceeds from the Auxiliary of St. Joseph's Health Hospital's wine and craft beer tasting benefitted the St. Joseph's Health Colleague Emergency Assistance Fund. The Colleague Emergency Assistance Fund is a newly created endowment also known as the Living the Mission Fund. This endowment was established to make funds available for regular full-time, part-time and per diem colleagues who face a financial hardship (death in the family, house fire, etc.) in their immediate household. The process is set up to provide relative ease to a colleague applicant where they may apply directly to the SJH Living the Mission Fund committee. The SJH Foundation is looking to bolster this

fund's endowment as much as possible in order to readily provide our colleagues at St. Joseph's Health the resources necessary when a hardship is experienced.

The Auxiliary has gone through some changes this past year, and will continue to do so as health care continues to change and grow based on the needs of our patients. As stewards of the health center, the Auxiliary supported the following services.

### **OPERATION BACKPACK**

Operation backpack for our kids donated more than 820 backpacks to children at their annual physicals at Primary Care Center, Family Medicine, Dental, West Pediatrics, Specialty Services, West Family Medicine, and Mental Health James Street locations.

### **SCHOLARSHIPS**

Two Sister Wilhelmina Scholarships and one Sister Mary Obrist Scholarship were awarded to three students attending St. Joseph's College of Nursing.

## VOLUNTEER LUNCHEON

The Auxiliary hosted the annual Volunteer Luncheon held at Justin's Grill, where over 200 volunteers were in attendance celebrating and being recognized for their tireless dedication to St. Joseph's Health.

## THE ELLEN NEEDHAM PEDIATRIC NEEDS FUND

The Ellen Needham Pediatric Needs Fund honors the memory of Ellen Needham, daughter of Dr. and Mrs. Dwight Needham, who passed away in 1948. Donations are received from those who wish to memorialize someone who has passed or honor someone who is living. An annual mass is also said in the chapel at the hospital.

## THE CARE AND SHARE CLOSET

The Care and Share closet continues to serve patients who are in need of new clothing and shoes upon their departure from the Emergency Department.

## HOLY GROUNDS

The coffee shop continues to serve the patients, public and staff as it is now under new management. St. Joseph's Health Nutritional Services has assumed the daily operations and the coffee shop, now known as Holy Grounds. The vending machines were moved to the lobby area, as expansion and additional services will be provided by the coffee shop under the new management. The Auxiliary will continue to oversee the coffee shop, and proceeds will continue to be part of our annual gift to the hospital.

## THE GIFT SHOP

The gift shop, under new management with Lori's Gifts, yet still overseen by the Auxiliary, continues to serve our patients and staff. All proceeds continue to go through the Auxiliary as well and are part of the annual gift to the hospital.

Auxiliary members donated their time and dedication in the gift shop, at the information desk, in the surgical waiting room, Heart support, MCHC Reading Program, and as greeters in the lobby!

Volunteers at St. Joseph's Health Center may choose to participate in services providing patient contact, non-patient related services, and fundraising activities. If you know of anyone that would like to join our team of compassionate volunteers, please have them contact the Auxiliary office at (315) 448-6100.

The Auxiliary Board of St. Joseph's Health presented an engraved rocking chair to Kathy Ruscito, former President and CEO of St. Joseph's Health. The gift was presented by the Auxiliary Board as a thank-you and acknowledgement to Kathy, for her service and support during her reign as President and CEO. The rocking chair will be stationed in different locations throughout the hospital.



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Justice **Excellence**  
Commitment to those who are Poor  
Reverence **Stewardship** Integrity



Leslie P. Luke



Vincent J. Kuss, MBA, MS

**Dear Friends of St. Joseph's Health,**

On behalf of St. Joseph's Health Foundation, we would like to express our sincere appreciation for your support of St. Joseph's Health this past year!

The St. Joseph's Health 150th Anniversary Legacy of Caring Campaign continues to be a resounding success! To date, we have raised close to \$17 million towards our \$20 million goal. Your support in St. Joseph's Health has allowed us to prepare for the next 150 years in preserving and furthering our legacy as compassionate healers.

St. Joseph's is proud not only to provide the highest quality care in a safe and healing environment, but to also be a catalyst for economic development on Syracuse's north-side. These are just a couple of the many ways our health system continues to honor its values of Reverence, Commitment to Those Who Are Poor, Justice, Stewardship, Integrity and Excellence.

Generous gifts such as yours make it possible for St. Joseph's to provide these award-winning programs and services to all of our patients, regardless of their ability to pay. On behalf of St. Joseph's Hospital and Foundation, and most importantly our patients, thank you again for your most thoughtful gift.

As we look forward to the hospital's 150th Anniversary on May 6, 2019, it is a defining moment in the history of health care for St. Joseph's Health. We are so grateful for your continued and generous support of our mission of serving as a compassionate and transforming healing presence within our communities.

Thank you for all that you do!

A handwritten signature in black ink that reads "Leslie P. Luke".

**Leslie P. Luke**  
President and CEO

*St. Joseph's Health*

A handwritten signature in black ink that reads "Vincent J. Kuss".

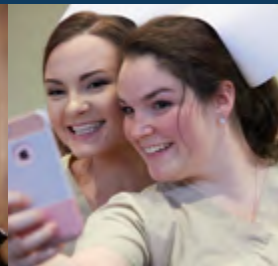
**Vincent J. Kuss, MBA, MS**  
Vice President for Development

*St. Joseph's Health Foundation*

# ST. JOSEPH'S HEALTH

Foundation

A Member of Trinity Health



**COMMITMENT  
TO THOSE  
WHO ARE POOR**



**EXCELLENCE**



**STEWARDSHIP**



**REVERENCE**



**JUSTICE**



**INTEGRITY**

