Physician Responsibilities in the Use of Restraints and Seclusion
The clinical team at St. Joseph’s Hospital is committed to:

- A safe environment for patients
- Using restraints as a last resort when least restrictive interventions have failed.
What is our definition of restraints?

- Any manual method, physical or mechanical device, materials or equipment that immobilizes or reduces the ability of a patient to move his/her arms, legs, body or head freely.
Physician Responsibilities for the Use of Restraints and Seclusion

a. Evaluate the patient’s physical and mental status.
b. Write an order for each episode of the use of restraints or seclusion.
c. Renew orders as follows:
   - Non-violent patients = each calendar day
   - Violent patients = every 8 hours for restraints and every 6 hours for seclusion.
d. Evaluate with the nurse any patient who has been on restraints or seclusion for ≥ 72 hours.
e. Huddle with the clinical team at the time of the restraint application to define the times needed for assessments including the face to face assessment for violent restraints (includes seclusion)
A face to face evaluation must be documented in EPIC within one hour of any patient being placed in restraints or seclusion for violent behavior. This evaluation includes both a physical and behavioral assessment. The MD must complete this evaluation on CPEP, ED and 3-6. The MD or CA can complete this evaluation on all other units.

The face to face evaluation can be found in the Notes Activity. It is a smart text.
One Hour Face-to-Face Evaluation
Violent Restraints

Patient: Med Acuity
MRN: 40241217
DOB: 1/1/1987

Face-To-Face Evaluation Completed:
Date: December 18, 2014
Time: ***

Reason for restraints: ***
Date/Time Restraint Ordered: ***

Review of Systems:
{ROS.22142: "No change from last assessment"}

Test Results:
{No change/changes: 22144: "No change from last assessment"}

Vital Signs:

Drugs & Medications:
{No change/changes: 22144: "No change from last assessment"}

What factors are contributing to the patient's violent or self-destructive behavior?
{contributors: 22145}

Plan:
How will we audit this?

100% of restraint use (violent and non-violent) will be audited by the nurse manager.